

Growth and Development

STUDENT NAME _____

DEVELOPMENTAL STAGE TODDLER

REVIEW MODULE CHAPTER _____

EXPECTED GROWTH AND DEVELOPMENT

Physical Development

Toddler tend to gain 3-5 pounds and grow 3-5 inches between ages one and two. The rapid growth slows between ages 2 and 5 while they develop in strength and coordination.

Cognitive Development

Increased imagination during play time and the toddler recognizes familiar people and objects. The ability to think and understand grows.

Psychological Development

The toddler develops strong bond with loved ones between 12-24 months. Between 2-4 children begin making choices from the ages 2-5 children learn to love others.

Age- Appropriate Activities

The appropriate activity involves walking with toddler, Playing hide and seek and anything that will encourage the toddlers movement is recommended to enhance coordination in movement.

Health promotion

The indicator of problems may include crying, diaper rash, fever, high temperature Seborrhea and gastrointestinal dermatitis. Most of the problems require clinical care.

Immunizations

Toddler should immunize according to CDC schedule. The main vaccines include varicella, diphtheria, Pertusis and whooping cough vaccine among others Health screening.

Health Screening

The screening involves vision and additional test which should include pneumonia tuberculosis and cholesterol. The regular blood pressure monitored if regular at 3 years Toddler.

Nutrition

Regular meals and snacks are appropriate. Recommended portion size is a quarter of adult's portion. The food should be in simple form Checked portion sizes.

Injury Prevention

Keeps everything that is dangerous out of reach of a toddlers. Toddlers tend to keep everything in their mouth. Blunt object should not be found in toddler playing zone.